



UPDATE

Baltimore County Retired School Personnel Association

Vol. 44, No. 1

September 2017



From the President

Donna Copenhaver

Summer arrived and vacation time is almost half over. Oh, wait a minute! As retirees, it's always vacation time. Keep in mind though that your Executive Board is still working for you. We are setting goals, making plans, and preparing for another great year.

Between now and the end of the calendar year, your Social Committee has numerous activities planned. In September we are holding the best crab feast for the best price. If you have not attended before, why not join us this year. There is still time to register, but hurry because time is running out! Also don't forget the October Luncheon, the Breakfast with Colleagues, and the Dutch Apple Christmas trip.

As always we are seeking individuals who would like to serve on a committee. See the list of committees and chairs in this newsletter. If interested, email me at dmcopenhaver@gmail.com and I will alert the chairperson.

In my second year as your President, I would like to propose a new facet to our slogan "Engage and Empower". MRSPA's slogan is "Each one, reach one". It would be great if we adopted their slogan and put it into practice. If each member would reach out to a BCPS retiree who is not a member, we could substantially increase our membership. When we grow, so does MRSPA. Let's make our voices heard. Remember, with respect to our legislature, "There is strength in numbers." So let's set an organizational goal this year to increase our membership by at least 200. **Are you with me?**

Membership News

BCRSPA/MRSPA welcomes the following new members:

- Maria Avery • Charmaine Bandell*
- Margaret Bossemeyer*
- Wanda B. Carter • Joyce L. Dawson*
- Mary Fletcher • Tanya M. Howard*
- Stacey Malat • Wendy Prioleau*
- Brett M. Smith • Homeretta Ayala*
- Laurie M. Fogleman*
- Ralph I. Martin • Eddie L. Taylor*

We hope to meet all of you at our Fall Luncheon Meeting to be held October 17th at Columbus Gardens. More details elsewhere in this publication.

Submitted by: *Donna Copenhaver*
Interim Membership Chairperson

Is Your Smart Phone Smarter Than You?

Do you own a smart phone, or thinking about getting one? Do you want to get the most from your phone? Would you like to be able to send and receive email, text a message, use the alarm for regular reminders, store important information to have at your finger tips, store and send photos, do a Google search, keep your daily calendar, use Siri for reminders, or any of the many other options?

BCRSPA is considering holding a workshop to help smart phone owners get more from their phone. But first, we need to know if there is enough interest. If you would be interested in attending this type of workshop, email David Copenhaver at cdavidcopenhaver@gmail.com or phone him at 410-515-0456.

New Superintendent, Verletta White, to Attend the October 17th Luncheon

BCPS has a new Superintendent and BCRSPA members will have an opportunity to meet her at the Fall Luncheon.

Verletta White became interim superintendent after spending virtually her entire life in the system, starting when she was a student at Woodmoor Elementary School and carrying through every level as a student, teacher and administrator. She is a dynamic, innovative, and proven leader. Ms. White describes herself first as a teacher dedicated to strengthening literacy across the curriculum to prepare every student for college and career success. She says her vision for the system is to make it the best in the nation in developing students' literacy.



Crab Feast
Sunday, Sept. 24, 2017
3:00 p.m.–6:00 p.m.
Camp Running Bear in Monkton
Price \$40

Can You eMail Me Now?

Verizon has stopped providing eMail service. That means their previous subscribers must open a new eMail account with another provider. When you change your eMail address, be sure to send your name, new eMail address, and your old Verizon address to cdavidcopenhaver@gmail.com. By sending this information, you will be able to continue to receive eCommunications from BCRSPA.

Fall Luncheon Meeting

Tuesday, October 17, 2017

Program

Registration..... 9:30

Call to Order..... 10:00

Pledge to Flag & National Anthem

Student Entertainment: *Cockeysville Middle School Dance Club*

Greeting and Recognition of Guests

Teacher of the Year, Rebecca Eig, Owings Mills Elementary School

Updates

MRSPA

BCPS Office of Employee Benefits

Social Hour..... 11:30

Luncheon 12:00

Luncheon Menu

Chicken Rice Soup • Baked Ham

Turkey Cutlet w/stuffing • Bacon and Cheese twice baked Potatoes

Green Bean Almondine • Hot Rolls and Butter

Ice Cream Sundae Bar with Assorted Toppings

Regular and Decaffeinated Coffee • Hot and Iced Tea with Dinner

Cost: \$23.00

Deadline for Registration: Monday, October 9, 2017 (no refunds after this date)

Please remember to bring your nonperishable food/personal care items/school supplies/financial donations to support our Community Service Project to ACTC.

Directions to Columbus Gardens are on another page in this newsletter.

Reservation for Fall Luncheon Meeting October 17, 2017



Name: _____ Phone: _____

Address: _____

Name of Guest(s): _____

Number of Reservations: _____ Scholarship Donation: \$ _____

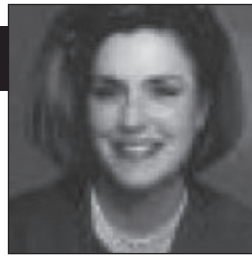
Total Amount Enclosed: \$ _____

Make checks payable to BCRSPA

Send reservation(s) and check(s) to:

Luncheon Chairperson, PO Box 44016, Nottingham MD 21236-9998

Rockin' Retirees



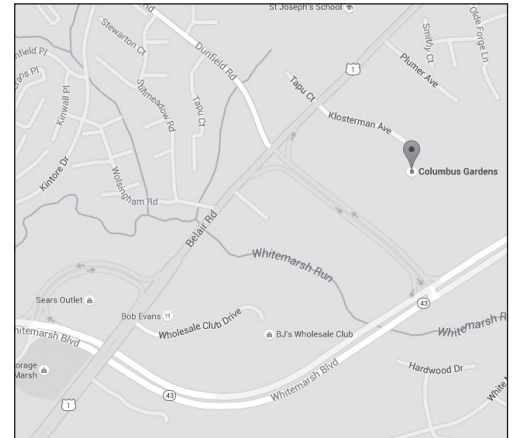
When Della Curtis retired from BCPS, she had served as the Coordinator of the Office of Library Informational Services for more than 21 years. During that time, she helped modernize media centers throughout the county. Even though she is retired, she is still lending a hand by co-authoring a publication for the American Library Association and by researching topics for more upcoming publications.

Since her retirement, Della has immersed herself in multiple creative ventures. She is an avid quilter, creating many beautiful designs. She is also an accomplished seamstress. Gardening is another passion of Della's. Her gardens flourish outside in the warmer weather and she maintains plants and winter gardens in her greenhouse. If that's not enough, Della enjoys doing all types of DIY home projects. Her mantra is, "Anybody can do anything if one can read."

Della is now serving as a Director of BCRSPA. She is currently lending her technological expertise to the organization as she prepares to digitize the BCRSPA archives.

Like many of our members, Della is very busy in her retirement.

Directions to Columbus Gardens



From I-695, take exit 32B (Bel Air) north for 1.25 miles to the blinking light at Klosterman Avenue. turn right and follow the street down until it ends at Columbus Gardens Parking lot.



YOU ARE OUR MOST VALUABLE RESOURCE!

You can help bring more retirees into the fold of BCRSPA! Listed below are the latest Baltimore County retirees. If you recognize someone, please take a few minutes to contact them and invite them to attend an upcoming event and to join the organization. BCRSPA is counting on you!

Douglas Albright
Alease Alexander
Deborah A. Anderson
Marsha Ayres
Roberta Arpin
Lynda Barsa
Yvonne Battle
Sharon Bechtel
Laura Beck
Diane Berkey-Gaff
Patricia Blakeley
Judith Bley
Michelle Braxton
Cheryl Bevan
Constance Bird
Patricia Bush
Denise Butcher
Linda Buttton
Debra Blimline
Shelia Bragg
Rose Burdette
Joyce Caldwell
Thomas Carey
Timothy Carr

Duncan Clements
Pamela Cline
Lois Command
Bonnie Cook
Sandra Collins
Bonnie Cook
Donald Cooper
Linda Cross
Dayle Dabney
Jerry Dresner
Nancy Drussell
Darlene Dudeck
Jennifer Dunkle
Mary Eavey
Robert Findley
Catherine Flanagan
April Franklin
Laurie Fogleman
August Galluzzo
Mary Gast
Andrew Gaylor
Diane Ginter
Donna Godwin
Amy Grabner

Sandra Hamilton
Nancy Hammond
Sylvia Morgan
David Morris
Janet Mosso
Sharon Motley
Beth Myers
Nancy Nodony
Diane Nye
Tawny Oram
Margaret Outen
Penny Patrick
Darnell Peaker
Margaret Peeling
Brenda Picarello
Timothy Price
Carolyn Privitera
Linda Ravera
Susan Riesett
Margaret Roeder
Ilene Rogers
Virginia Roil
Phyllis Rosen
Katharine Rossman

Randolph Rothschild
Luanne Rusk
Julie Schisler
Laura Seim
Penny Setser
Susan Shaffer
Salvatore Sarcone
Mary Shiner
Brenda Silver
Marylane Soeffing
Charlene Stine
Bridget Sunderlin
Patricia Thal
Beverly Thompson
Catherine Walrod
Phillip Walter
Richard Wasserman
Patricia Wells
Jane Wetzel
Darlene Whiteman
Martha Wingear
Leisa Williams
Irra Woodley

facebook | join our group +

BCRSPA's Facebook page encourages group communication and an opportunity for people to share their common interests and express their opinion. It provides a place for members to come together around a common cause, issue or activity to organize, express objectives, and discuss issues, post photos and share related content.

If you would like to join our closed group, simply click the + JOIN box below our profile picture. As long as you are a member of BCRSPA, you can be added to this page. Once your membership is verified, you will be added to the group! Once you join, visit BCRSPA "wall" by searching (top of your window or screen) for BCRSPA!



Breakfast With Colleagues

BCRSPA Members, Guests & Prospective Members
Are Invited To Breakfast
Columbus Gardens,
4301 Klosterman Avenue, Nottingham, MD 21236
Thursday, December 7, 2017 at 9:30AM.



Admission: A “new unwrapped” toy for Toys For Tots
and/or a contribution to fight Alzheimer’s
(Check(s) made payable to the Alzheimer’s Association)



Delicious Full Breakfast Including:
Fruit; Bacon; Sausage; Cream Chipped Beef; Scrambled Eggs;
Hash Browns; Belgian Waffles; Biscuits; Coffee, Tea, OJ
(Mimosa or Bloody Mary Available at \$3.50 Each)

No Business Meeting

Perry Hall HS Steel Drum Band
Visit With Santa Door Prizes
Visiting With Colleagues

Current Members – bring a former colleague and/or friend who is not a member for a free breakfast and to enjoy a morning with other colleagues.

Hurry – send in your registration; space is limited. **Deadline is November 30.**
Any reservation received after deadline may not be honored.



Breakfast with Colleagues

Name(s) _____ Guest(s) _____
Number of Reservations _____ Telephone # _____
Address _____

Send Reservations to:
Mr. Clair Price, BCRSPA, P.O. Box 44016, Nottingham, MD 21236-9998



Scholarship Memorials

January 2017 - May 2017

In Memory of...

Mildred Murray *by* Mary Lou Brown

Mildred Murray *by* Donna J. Carr

Charlotte Price *by* Donna J. Carr

Charlotte Price *by* Margaret Hobbs

Charlotte Price *by* Madeline Lovera

Charlotte Price *by* Mary Lou Brown

Charlotte Price *by* Camille Marx

James Shank *by* William & Faith Herman

William Howard Shannon

by Charles & Josephine Springer

Thank You for the Scholarship ...a few notes from our most current recipients.



“Dear Baltimore County Retired School Association, I would like to express my sincere gratitude to you for selecting me to receive your scholarship of \$1,500. It was a privilege and a thrill to be chosen and to be honored at your luncheon. My parents are extremely proud and we all enjoyed your kindness and generosity. This will lighten my financial burden and allow me to focus on reaching my goal of becoming a Physical Therapist. I look forward to beginning my college experience and will keep you updated on my progress. Thank you again! - *Hayle Kyle*”

“Thank you very much for selecting me to receive a Memorial Scholarship. I greatly appreciate this generous gift, and I look forward to putting it to good use at UMBC.”
- *Matthew Sodeman*

...a note from a previous recipient. The following is paraphrased from the recipient’s letter

Thank you for reaching out to see how I am doing. I graduated from CCBC with an AA in Business Administration. I have been accepted as a transfer student to the University of Baltimore where I will pursue my Bachelor’s Degree. I would like to thank BCRSPA again for the scholarship in 2016. It was a big help with my college bills. Without it I would never have been able to attend college. - *Giana Krieger*

BCRSPA Memorial Scholarship Fund

Name: _____

Street _____

City: _____ State: _____ Zip: _____

Phone: _____

Donation Amount: \$ _____

**Make check payable to BCRSPA Memorial Scholarship Fund
or BCPS Education Foundation.***

In Memory of _____
(please print)

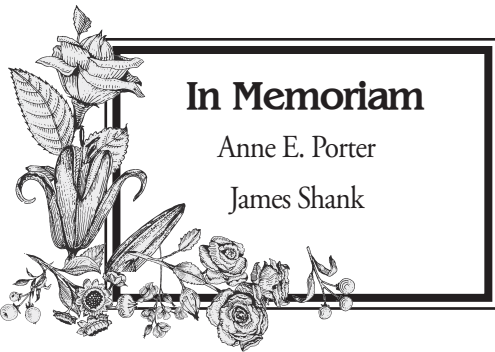
In Honor of: _____
(please print)

*For non-tax deductible contributions, make the check payable to BCRSPA Memorial Scholarship Fund.

*For tax deductible contributions, make the check payable to BCPS Education Foundation. Be sure to put BCRSPA Memorial Scholarship Fund on the memo line of the check.

Mail to:

E. Stuart Tucker, Treasurer • P.O. Box 44016, Nottingham, MD 21236-9998



How to Report the Death of A BCRSPA Member

If you know a member who has passed away, please call Mary Ellen Zimmerman, BCRSPA Remembrance Committee Co-Chair (410.668-2563), Mary Lou Brown, BCRSPA Remembrance Committee Co-Chair (410.252-4710), or Barb Catron (410.551-1517) at MRSPA to let one of them know.

Visit...

<https://bcrspaevents.shutterfly.com>

(password is lower case bcrspa)

& www.bcrspa.org

BCRSPA – December 30, 2017

Dutch Apple Dinner Theatre, Lancaster, PA

BCRSPA's holiday trip to the Dutch Apple Theatre on December 30, 2017 is a holiday favorite. White Christmas is based on the beloved movie, veterans Bob and Phil are a successful song and dance team when they meet a sister duo and follow them to an inn in Vermont. They discover it's owned by their old General who fell on hard times, so they decide to put on a show to save the inn and their General's future. The Irving Berlin score features Blue Skies, Sisters, Count Your Blessings and the favorite White Christmas.

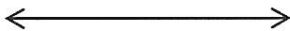
We are leaving the driving to Superior Tours of Baltimore County

Join us!

Date: December 30, 2017

Location: Baltimore County I-695 at Cromwell Bridge Rd Park & Ride. Take exit #29B-A/MD-542 S/Loch Raven Blvd./Cromwell Bridge Road

Time: Depart: Baltimore 9:30am
Return: Baltimore 5:30pm (approximately)



Reservations: Please send reservation and payment to:
C. David Copenhaver
419 Amy Drive
Abingdon, MD 21009

Costs: \$100.00 per person ... no refunds Please make checks c/o BCRSPA

The cost of the trip includes: Superior Tours Motor Coach, Show, Holiday Buffet, gratuity, return trip snack and Driver's gratuity. We have a limit of 50 participants.

Please eMail cdavidcopenhaver@gmail.com with any questions, or call: 410.515-0456

BCRSPA Bus Trip:
Dutch Apple Theatre - Lancaster, PA
Registration Form

* The trip is limited to 50 participants. Registration and payment deadline is September 1, 2017

Please complete registration form and mail with payment to:

C. David Copenhaver
419 Amy Drive, Abingdon, MD 21009

Name(s): _____

Phone/cell: _____

Address: _____

City, State, Zip: _____

eMail: _____

(Please Print ... eMail address)

Guest(s): _____

My check made payable to BCRSPA is enclosed.

Total enclosed: _____

Note: Confirmations and itineraries will be eMailed upon receipt of your payment and registration. If no eMail provided, confirmation will be by phone. Please remember, no refunds. The bus leaves on time. Please allow yourself time to board and settle in.

We only have 50 seats for this trip. Please send your reservation and payment ASAP!

Executive Board Directory

Donna Copenhaver..... *President*
Parker Koons..... *President-elect*
Barbra Barzyk..... *Recording Secretary*
Linda Yaffe..... *Corresponding Secretary*
E. Stuart Tucker..... *Treasurer*
Cindy Schulz..... *Asst. Treasurer*
Sharon Norman *Director*
Della Curtis..... *Director*
Patsy Holmes..... *Director*
Jack Woodward..... *Director*
William Groth..... *Director*
Caroline Seamon..... *Archivist*
George Sparks, Jr..... *Bylaws*
Dave Peters..... *Community Service*
BJ Rounsaville..... *Consumer Education*
Jack Woodward..... *Finance*
Parker E. Koons..... *Legislative*
Donna Copenhaver.. *Member Accounting*
Maryann Hughes.. *Member Recruitment*
C. David Copenhaver..... *Nominating*
George Sparks, Jr..... *Parliamentarian*
Parker Koons..... *Program*
Clair Price..... *Public Relations*
Mary Lou Brown..... *Remembrance*
Mary Ellen Zimmerman.. *Remembrance*
Joyce Cummings..... *Retiree Benefits*
Edith Kozlowski..... *Scholarship*
Camille Marx..... *Scholarship*
Madeline Lovera..... *Scholarship*
William Groth..... *Technology*
D & D Copenhaver..... *Travel/Social*
C. David Copenhaver..... *UPDATE*
Weston Dean.. *BCASCO Representative*

Baltimore County Retired School Personnel Association, Inc.

P.O. Box 44016
Nottingham, MD 21236-9998

UPDATE

The Baltimore County Retired School
Personnel Association Newsletter will be
published four times annually: September,
December, March & June.

Editor: C. David Copenhaver
cdavidcopenhaver@gmail.com

Publisher: Anne Fullem
afullem@barfordstyle.com

Your Health: Save Our Senses

Sensory losses of hearing, sight, taste, smell and touch can change your responses to life's pleasures and indicate health risks. Following are some suggestions of what you can do to save and enhance the levels of senses you still have left:

HEARING

- Wear foam earplugs or ear-protecting headphones around loud sounds.
- Monitor your weight, blood sugar level and blood pressure to keep the small arteries that fuel the hair cells in your ears healthy.
- If needed, use hearing aids or devices to amplify sounds in your daily environment.
- More information can be found at the AARP Hearing Center.

SIGHT

- Exercise regularly to maintain the blood flow to the eyes.
- Getting adequate rest keeps the eyes lubricated and helps remove irritants.
- Wear corrective lenses, if necessary. Schedule surgery for cataracts or refractive surgery if your ophthalmologist offers these suggestions.
- Treat dry eyes with the best moisturizing strategy prescribed by your eye doctor.

TASTE

- Work with your internist to take care of medical conditions such as high blood sugar, infections, and other health conditions.
- Use mouth moisturizing solutions to counter dry mouth which may be caused by the use of medications, alcohol based mouth washes and other medical conditions.
- Eat a variety of foods with more intense flavors such as garlic, onion, flavored vinegars, sharp cheese, tomatoes paste, sautéed mushrooms & sun-dried tomatoes.
- Use small amounts of extra sugar and sea salt to enhance the flavors of fruits and vegetables.

SMELL

- Since taste and smell are so closely related, you should do all you can to keep your nasal passages clear. Avoid strong fumes from cleaning products and other chemicals.
- You are less likely to suffer the loss of smell if you exercise and avoid drinking excessively, according to a National Institute of Health Study completed in 2016.
- Smell training may also be helpful.

TOUCH

- Continue to stay active doing the activities that you enjoy such as dance, walking, playing tennis and other physical modes of interacting. The more your body moves in space, the more the touch receptors will stay active and useful.
- Wearing close fitting clothing will also stimulate the touch receptors.
- Be physically affectionate towards your loved ones, as touch will boost your overall well-being.

(Source: AARP Bulletin/Real Possibilities: Author: Amy Paturel - July-August 2017)

Moving to Oak Crest Village!

Did you know that BCRSPA has a partnership with Oak Crest Village? Well we do! Any time a BCRSPA member moves into Oak Crest and informs them that they are a member of our association, Oak Crest will donate \$500 to our scholarship fund. That's a significant contribution that you can make to BCRSPA, and it won't cost you a dime!

So if you are contemplating a move to Oak Crest Village, be sure to mention that you belong to BCRSPA, and you will earn \$500 for our scholarship program. Also, remember to send a change of address to **MRSPA/BCRSPA Membership**: 8379 Piney Orchard Parkway, Suite A Odenton, MD 21113-1508 to receive your newsletter.



P.O. Box 44016
 Nottingham, Maryland
 21236-9998

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BCRSPA Calender:

September 19	Executive Board Meeting <i>St. Isaac Jogues, Church Hall</i>
September 24	4th Annual Crab Feast <i>Camp Running Bear, Monkton</i>
October 15	Articles due to Editor for December UPDATE
October 17	Fall Business Luncheon Meeting <i>Columbus Gardens - Registration enclosed, see page 2</i>
November 21	Executive Board Meeting <i>St. Isaac Jogues, Church Hall</i>
December 7	Breakfast with Colleagues <i>Columbus Gardens (Benefits Toys for Tots and Alzheimer's Association) Registration enclosed, see page 4</i>
December 30	Dutch Apple Dinner Theatre Trip to see White Christmas <i>Registration enclosed, see page 6</i>

UPDATE Deadline:

December Issue – October 15, 2017

Emeritus Membership in BCRSPA

(Age 90 as of June 30, 2017)

Name: _____

Address: (Include Apt. # & Zip +4 Code)

Date of Birth: (month/day/year) _____

Telephone: _____

Mail to: MRSPA/BCRSPA Membership

8379 Piney Orchard Parkway, Suite A • Odenton, MD 21113-1508

Change of Address

BCRSPA (Effective Date) _____

Name: _____

Old Address: _____

New Address: (Include Apt. # & Zip +4 Code) _____

New Telephone: _____

Mail to: MRSPA/BCRSPA Membership

8379 Piney Orchard Parkway, Suite A • Odenton, MD 21113-1508