



UPDATE

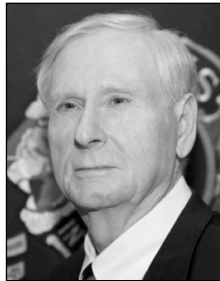
Baltimore County Retired School Personnel Association

Vol. 41, No. 1
September 2014

From the President

It is with great pleasure

that I extend a sincere “hello” as your President for the next two years. It won’t be long now before we say goodbye to the summer of 2014 and usher in the Autumnal Equinox on September 23. Time just seems to go by so very quickly.



C. David Copenhagen

I would like to introduce myself to you so you can get to

know me. I am married to Donna, my wonderful wife of 31 years, and we have two terrific sons, Jonathan and Matthew. I also have an 8 year-old grandson whom I simply adore. I served BCPS for 42 years as a teacher, administrator, and coordinator of elementary science. In addition, I taught for the College of Notre Dame for 6 years. I have been retired for 3 years now and can honestly say I am thoroughly enjoying it. I now have time to do a lot of volunteer work, travel a little, and enjoy my family more.

During my tenure as your

President, I hope to grow our membership, continue to keep our membership informed about pertinent issues, help our scholarship fund grow so we can continue to offer college scholarships to numerous high school seniors, engage in more charitable work, and to offer more trips and social event opportunities.

We are always looking for members who wish to become a Board member, committee chairperson, or to be a part of an existing committee. We welcome your interest, input, and service.

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MEMBERSHIP NEWS

September 2014

Total Membership as of July 1, 2014 — 1,965

New Members

BCRSPA/MRSPA welcome the following new members:

Marsha Allender	Tim Hugus
Carolyn Ayres	Sheila Margolis
Kathleen Brauer	Kathy Nye
Joyce Cummings	Mauro Pasquini
Susan Fitch	Gloria Roe
Marilyn Flook	Betty Jean Rounsaville
Sophia Fuchs	Barbara Swanson
James Hafer	Sandra Thomas
Suzanne Henneman	Robert Wooters

You, as well as our longtime members, are invited to participate in the new and exciting events BCRSPA has planned for our members and prospective members this Fall. (Details else- *continued on page 2*)

Legislative Committee

MRSPA Legislative Priorities 2014

Supports...

Retirement and Pension System

- Full actuarial funding
- Defined benefit pensions
- Increased understanding of the positive impact of pensions on the state economy

Health Care

- Protection of local retiree health benefits
- Promoting long term solutions

The Maryland Retired School Personnel Association (MRSPA) is bi-partisan and works with legislators to address the economic challenges facing retirees, as well as all citizens. MRSPA joins legislators to support maintaining Maryland's record of educational excellence!

Membership...

continued from page 1

where in this publication.) Also, October 21st is the date for our Fall Luncheon. At this meeting, we will have the opportunity to meet our new President, enjoy entertainment from one of our Baltimore County Schools, a short business meeting, receive updates on our benefits and, as always, enjoy a delicious two-entrée luncheon served by Columbus Gardens. Hope to see you at these events!

Dues Reminder

As of this writing (Mid July) there is still a significant number of our members whose dues remain unpaid. Your membership is not only beneficial to you, but to all of us and to future retirees. Maintaining your membership supports our Legislative Committee as they work to protect our retirement benefits.

Respectfully submitted,

Charlotte Price, Member Accounting

President's Message... *continued from page 1*

I want to thank you for the honor of serving as your President. I will work hard to meet the challenges ahead. Please feel free to contact me with any questions, concerns, or suggestions you may have. I welcome your input. In order to reach you between *Update* issues, if you have an email address you would like to share, please send it to me at

cdavidcopenhaver@gmail.com. I have the email address of about 500 members already. If you have gotten a notice from me, then you know I have your email address. I plan to send out periodic updates via email. If you do not use email and you want to be in touch with me, my home number is 410-515-0456.

I look forward to meeting as many of you as I can over the next two years.

Sincerely, David

BCRSPPA Calendar

- September 16.....Executive Board Meeting
St. Isaac Jogues, Cronin Center, Room 4
- October 21Annual Fall Business Meeting
at Columbus Gardens
(Deadline for reservations is Monday, 10/13/14)
- November 18Executive Board Meeting
TABCO Towers, Conference Room
- DecemberNo Executive Board Meeting

UPDATE Deadline

DECEMBER ISSUE — October 15, 2014

Baltimore County Retired School Personnel Association, Inc.

P. O. Box 44016
Nottingham MD 21236-9998

UPDATE

The Baltimore County Retired School Personnel Association newsletter will be published four times annually: September, December March and June.

Editor, Donna Copenhaver
dmcopenhaver@gmail.com

Publisher, John T. Case
UPPER CASE Letters
410-803-1970
jcseasbo@comcast.net

Scholarship Memorials

June 2014

Walter Snyder by Robert C. Coleman, Jr.
Don Roberts by Clair & Charlotte Price
Dr. John Heck by Madeline C. Lovera
Donald A. Roberts by Madeline C. Lovera

July 2014

John Heck by Bonnie & John Williams
Maynard Keadle by Bonnie & John Williams
Marie Giza by Janet Lowman
Charles Woodfield by Elaine E. Bousquet
Eileen Parr by Elaine E. Bousquet

All Scholarship Donations should be sent to:
BCRSPA Scholarship Fund
C/O David W. Peters (Treasurer)
P.O. Box 44016
Nottingham, MD 21236-9998

Correction to June Update:

A memorial scholarship was given for Dr. Joseph Shockley by Dr. Edna May Merson.

Notes from Scholarship recipients

Having just finished my first semester, I wanted to let you know how I am faring in college. With a double science major in biology and chemistry accompanied with Spanish, both sides of my brain were sufficiently stretched to absorb the plethora of new knowledge that was being placed into it.

At Grove City College the students like to say that as we study hard, we play hard as well. I've enjoyed the dances, intramural volleyball, and apple bobbing at fall frenzies. I'm loving my time at college. Thank you again for your scholarship contribution that has assisted in making this experience and opportunity possible for me.

Justine Marsheck (2013)

This scholarship will really help me as I will be attending Stevenson University next fall and I will pursue middle school education. I have always known that I wanted to become a teacher since the second grade and I know that I will have a successful teaching career. Thanks again for this scholarship and grant opportunity.

Emily Lehman (2014)

Interesting Scholarship facts

- We had applications from fifteen Baltimore County high schools and one from Harford County.
- We received a total of 63 applications.
- More than 50 phone calls were received on the BCRSPA Scholarship line and were answered.
- Five BCRSPA and one WEBCO scholarships were awarded.
- Our screening committee consisted of 5 Executive Board members.
- The Spring Luncheon was attended by 5 of our 6 recipients along with members of their families.
- Our new scholarship year began in August. The application is now available on our website www.bcrspa.org and flyers have been sent to all Baltimore County high schools. Also, the BCRSPA phone line, 410-847-9700, is available.

BCRSPA Memorial Scholarship Fund

Name _____

Street _____

City _____ State _____ Zip _____

Phone _____ Donation Amount \$ _____

Make check payable to: BCRSPA Memorial Scholarship Fund
(Non tax-deductible donation)

In Memory of _____ (please print)

In Honor of _____ (please print)

Mail to: Treasurer David Peters
PO Box 44016, Nottingham MD 21236-9998

Baltimore County Retired School Personnel Association, Inc. (BCRSPA)

FALL LUNCHEON MEETING

Tuesday, October 21, 2014 at *Columbus Gardens*

Program

Registration	9:30 a.m.
Program	
Student Entertainment	10:00 a.m.
Baltimore County Teacher of the the Year	10:45 a.m.
BCPS Office of Employee Benefits — Update	11:15 a.m.
Social Hour — <i>cash bar available</i>	11:45 a.m.
Luncheon	12:15 p.m.

LUNCHEON MENU

Crisp Garden Tossed Salad with Ranch or Italian Dressings
Chicken Cordon Bleu and Flat Iron Steak in Mushroom Sauce
Wild Rice, Green Beans Almandine, Rolls and Butter
Ice Cream Sundae with assorted toppings

Cost: \$23.00

Deadline for Registrations: Friday, October 13, 2014 (*no refunds after this date*)

Please remember to bring your food/school supply item(s) for the ACTC.
(For a list of items, see the article in this issue of *Update*.)

Directions to Columbus Gardens are on the facing page of this agenda.

RESERVATION FOR FALL LUNCHEON MEETING—OCTOBER 21, 2014

Name: _____ Telephone: _____

Address: _____

Name of Guest(s): _____

Number of Reservations: _____ Scholarship Donation: \$ _____

Total Amount Enclosed: \$ _____

Make checks payable to BCRSPA.

Send reservation(s) and check(s) to:

Mr. Clair Price, PO Box 44016, Nottingham MD 21236-9998

Emeritus Membership in BCRSPA

(Age 90 as of June 30, 2012)

Name _____

Address (include Apt # and ZIP+4 code)

Date of Birth (month, day, year) _____

Telephone (____) _____

Mail to: Mrs. Charlotte Price
PO Box 44016
Nottingham, MD 21236-9998

Change of Address

BCRSPA (effective date) _____

Name _____

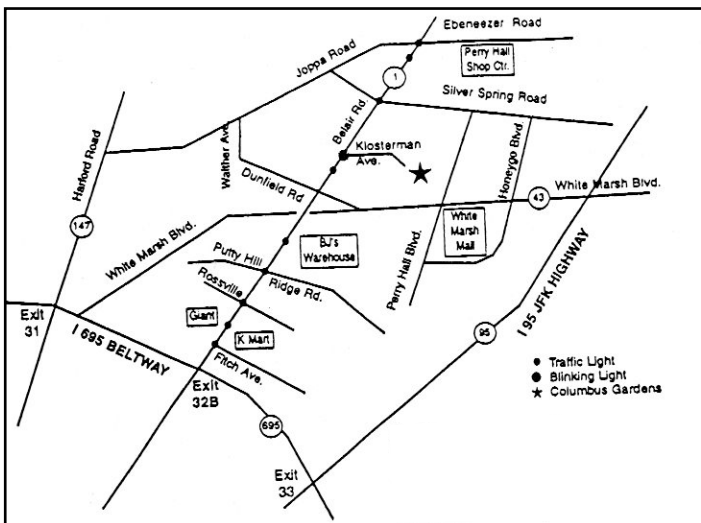
Old Address _____

New Address (include Apt # and ZIP+4 code)

New Telephone (____) _____

Mail to: Mrs. Charlotte Price
PO Box 44016
Nottingham, MD 21236-9998

Directions to Columbus Gardens



From I-695, take Exit 32B (Bel Air) north 1-1/4 miles to the blinking light at Klosterman Ave. Turn right and follow the street down until it dead ends in the Columbus Gardens parking lot.

In Memoriam



Donald Roberts

Frank Treuchet

Cordelia Snyder

Margaret W. Carroll

Edmund L. Mitzel

COMMUNITY SERVICE PROJECTS

FALL/SPRING LUNCHEONS:

BENEFIT: Assistance Center of Towson Churches

The ACTC offers an ecumenical program that provides help to poor and needy families locally.

Please bring any of the following items:

- Non perishable food items
- Personal hygiene products
- School supplies
- Monetary donation—Checks made out to:
Assistance Center of Towson Churches

BREAKFAST WITH COLLEAGUES:

BENEFIT: Toys for Tots

Toys for Tots is a program run by the United States Marine Corps Reserve that distributes toys to children whose parents cannot afford to buy them gifts for Christmas.

- Please bring a new unwrapped toy

BENEFIT: American Breast Cancer Foundation.

The ABC is a charitable organization focused on breast cancer prevention and is based in Baltimore, Maryland.

- Donation by check made out to American Breast Cancer Foundation



**BREAKFAST WITH COLLEAGUES
BCRSPA MEMBERS & PROSPECTIVE MEMBERS
ARE INVITED TO BREAKFAST AT
COLUMBUS GARDENS**

**THURSDAY, DECEMBER 11, 2014
AT 9:00 A.M.**

**Admission: A "new unwrapped" toy for Toys For Tots
and/or a contribution to fight Breast Cancer
(Check(s) made payable to the American Breast Cancer Foundation)**

Program will include:

Delicious Full Breakfast Including:

**Fruit, Bacon, Sausage, Cream Chipped Beef, Scrambled Eggs,
Hash Browns, Belgian Waffles, Biscuits, Coffee, Tea, OJ
(Mimosa or Bloody Mary Available At \$2.50 Each)**

Christmas Caroling

Singing Group

Visiting with Colleagues

Visit with Santa

Door Prizes

No Business Meeting

**Current members – bring a former colleague who is not a member for a free
breakfast and enjoy a morning with other colleagues**

**Hurry – send in your registration; space is limited. Deadline: November 28th;
reservations received after deadline may not be honored.**



.....
Name(s) _____

Number of Reservations _____ Telephone _____

Address _____

Send Reservations to:

Mr. Clair Price, BCRSPA, P.O. Box 44016, Nottingham, MD 21236-0998



Maryland Retired School Personnel Association

Application for Membership

8379 Piney Orchard Pkwy – Suite A – Odenton, MD 21113-1508

Baltimore County Retired School Personnel Association

Unit # 04

(Please print.)

Name: _____ Soc. Sec. #: _____ Birthdate: _____

Address _____ Telephone #: _____
City _____ State: _____ Zip+4: _____

*Please sign authorization for dues deduction (See below) or make check payable to: BCRSPA.

MAIL TO: BCRSPA Membership Chair
P.O. Box 44016
Nottingham, MD 21236-9998

STATE DUES \$35.00
LOCAL DUES 15.00
TOTAL: \$50.00

I hereby authorize the Teachers Retirement System of the State of Maryland to deduct annual membership dues for the MRSPA and Local Retired School Personnel Associations from one of my Retirement checks each year.

I understand that my social security number is required if I wish to become a dues deduction member.

Social Security Number: _____

This authorization is to remain in effect until cancelled by written notice mailed to the Maryland Retired School Personnel Association.

Signature: _____ Date: _____

Superfoods to the rescue

Gerard Mullin, MD, director of Integrative Gastrointestinal Nutrition Services at Johns Hopkins recommends incorporating these powerful foods into your diet.

Broccoli – Rich in fiber and antioxidants, it is good for detoxifying the liver and helps prevent cancer.

Raspberries – High in antioxidants and rich in fiber, they are good for fighting cancer and offer heart protection.

Wild Salmon – Fish oils fight heart disease, cancer, and depression. It is also rich in vitamin D.

BCRSPA

P. O. Box 44016

Nottingham MD 21236-9998

On the hunt for door prizes

On September 11, BCRSPA is holding “Breakfast with Colleagues” at the Columbus Gardens (see page 6). In addition to the fine breakfast and fun activities, we would like to offer some door prizes. If you have any special business connections, or just want to donate a prize, please send a note to Camille Marx at P.O. Box 44016, Nottingham, MD 21236-9998 informing her of your name, phone number, and the door prize donation. Camille will then be in touch with you.

Gene Langbehn has a song in his heart

Gene is a former Baltimore County educator who resides at the Charlestown



Gene Langbehn

Retirement Community. He recently received the 2014 Governor’s Leadership in Aging Award for Performing Arts.

“I perform because of the satisfaction and reaction of my audiences. It’s a way I give back to the community.”

Consumer Connection:

Ways to save around the house

- **Unplug It:** Electronics still consume power even when turned off. Use smart power strips to cut electricity when in standby mode, or just unplug the device.
- **Install a low-flow showerhead** to save water.
- **In the winter, reverse your ceiling fans** to help pull the warm air down.
- **Clean or replace your furnace filter.**
- **Lower your water heater temperature setting.** The default setting is 140 degrees, but 120 degrees is sufficient. It will save 3–5% in energy cost.