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From the President

Plans for 2011-12 outlined

Welcome to all new members. I hope that you have begun to enjoy a freedom void of set schedules, lesson plans or supervising school events. I know that you will be able to either complete your “to-do list,” spend more time with your grandchildren, or just “chill out.”



Parker E. Koons

To the faithful BCRSPA members, I hope that you have spent the summer relaxing, learning something new, and staying healthy. Each member is valuable to this organization as we work to protect the retirement/pension system and health care benefits.

Your Executive Board did meet in August to discuss plans for the next year. Some concerns mentioned were:

1. To stay viable in the county, we need more members. This past year we kept the status quo. If you know a retiree that is not a member, ask that person to join BCRSPA.
2. To continue our scholarship

program at its present level—giving ten \$1500 scholarships—to deserving high school students whose parents are Baltimore County employees. Each year our fund is getting smaller, so we discussed additional ways to build the scholarship fund.

3. To remain vigilant as the state legislators receive the final recommendations from the State Public Employees and Retirees Benefit Commission in their efforts to adjust the state budget. The major recommendations that will have an impact upon retirees are: shifting half the costs of teacher pensions to local school systems and asking the attorney general to take a hard look at the legality of reducing cost-of-living adjustments for current retirees. Thanks to the Maryland Retired School Personnel Association (MRSPA) for closely following all of the developments in Annapolis.

4. To define and solidify our organizational relationship with Oak Crest, our September Executive
- continued on page 2*

Membership news

The BCRSPA Executive Board and the General Membership welcome the following new members:

John Albrecht	John Cathey
C. David Copenhaver	Diana Copenhaver
Jane Davis	Doris Freeman
Kathleen Govemale-Zaidman	Rhoda Hoyman
Karen Jensen	Victoria Layman
Bernadette Flynn Low	Elfreda Winstead Massie
Susan Nelson	

Thank you for joining. We invite you to join your friends and colleagues at our Fall Luncheon to be held at Columbus Gardens on Tuesday, October 25, 2011. More information can be found elsewhere in this publication.

— Charlotte Price, Chair, Member Accounting Committee

President...

...continued from page 1

Board meeting will be held there.

We are fortunate that we have a good relationship with the Baltimore County Public Schools—members are present at all of our general meetings; MRSPA representatives are at our meetings; BCRSPA members are serving on state committees and Mr. E. Stuart Tucker is the state's President-elect. We also meet at TABCO headquarters.

The Executive Board works hard for our BCRSPA members but they cannot do it by themselves. If asked to serve on the Board or one of its committees, take that leap of faith—you will find it rewarding.

— Parker E. Koons

BCRSPA CALENDAR

- Saturday, August 13 BCRSPA Executive Board Meeting
Price's Saltpeter Creek Resort, Essex, Maryland, 12 p.m.
- Tuesday, September 13–15 MRSPA Convention
Wisp Resort, McHenry, Maryland
- Tuesday, September 20 BCRSPA Executive Board Meeting
Oak Crest, Parkville, Maryland, 10 a.m.
- Thursday, October 20 Maryland Senior Citizens
Hall of Fame Luncheon
Michaels, Glen Burnie, Maryland, 11:30 a.m.
- Tuesday, October 25 BCRSPA Fall Luncheon
Columbus Gardens, Nottingham, Maryland, 10 a.m.
- Tuesday, November 17 BCRSPA Executive Board Meeting
*10 a.m. **

* Executive Board meetings are held in the Board Room at TABCO, 305 E. Joppa Road, unless otherwise designated.

Baltimore County Retired School Personnel Association, Inc.

305 East Joppa Road
Towson, MD 21286-3252

UPDATE

The Baltimore County Retired School Personnel Association newsletter is published four times annually: September, December, March, and June, plus any additional necessary dates.

Mrs. Doris K. Schiller, Editor
410-866-8721

UPPER CASE Letters, Publisher
410-803-1970

UPDATE Deadline

DECEMBER ISSUE — October 15, 2011

Ten scholarships presented at Annual Spring Luncheon

Fifteen thousand dollars (\$15,000) were presented to high school seniors at the Baltimore County Retired School Personnel (BCRSPA) Spring Luncheon at Columbus Gardens in April 2011. Accompanied by at least one guest, the recipients enjoyed the luncheon and then were introduced and recognized by the members of the Association. Congratulations to all of them!

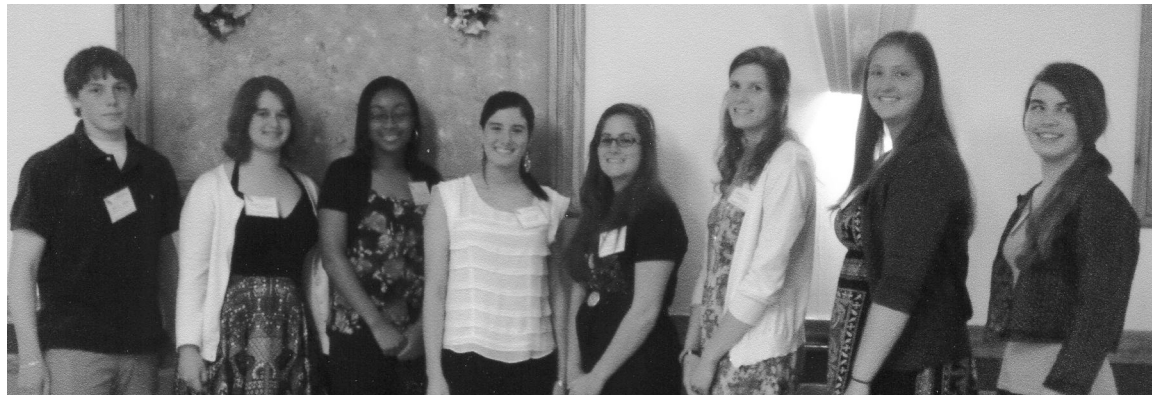
BCRSPA Memorial Scholarship Recipients for 2011

<u>APPLICANT</u>	<u>HIGH SCHOOL</u>	<u>CAREER GOAL</u>
Elizabeth M. Bondarenko	Eastern Technical	Psychology
Sarah S. Ciaccio	Towson	High school music teacher
Zoe K. Dell	Catonsville	Teacher, special education
Skylar H. Fidel	Pikesville	Chiropractor
Rachel H. Margulies	Pikesville	Social worker
Patrick J. Miller	Western School of Technology	Environmental science
Danielle I. Neumeister	Eastern Technical	Architectural engineer
Kaleigh J. O'Neill	Fallston	Sports medicine
G. Jacob Tarr	Calvert Hall College	Teacher
Morgan J. Taylor	Carver Center for Arts and Technology	Research psychologist

The BCRSPA scholarship information and applications are available on our Web site www.bcrspa.com or by calling 410-847-9700.

— The Memorial Scholarship Committee

The scholarship winners



The BCRSPA and the WEBCO (Women Educators of Baltimore County) Scholarship Awards were presented at the Annual Spring Luncheon Meeting in April 2011. Pictured above are the 2011 recipients: (left to right) Patrick Miller, Sarah Ciaccio, Morgan Taylor, Skylar Fidel, Zoe Dell, Danielle Hawk (WEBCO), Elizabeth Bondarenke, and Danielle Neumeister. Not pictured are Rachel Margulies, Kaleigh O'Neill and Jacob Tarr.

Visit **www.bcrspa.com**
Open 24 hours a day!

From the Consumer Education *Communicator*

A publication of the MRSPA Consumer Education Committee

Pick pockets

You are most likely to get your pocket picked in Barcelona, Rome, Paris, Madrid and Athens. What can you do to keep this from happening to you when traveling in Europe?

A woman should strap her purse across her chest.

A man should never put his wallet in his back pants pocket.

If you are carrying a backpack, put it under your arm rather than on your back.

Put the strap of your backpack or purse under your chair leg when you are sitting in public places and you may want to put your foot on it.

Keep your valuables (such as airline tickets, passports and jewelry) in your hotel's safe while you go sightseeing.

Have you tried everything for snoring?

Maybe these easy throat exercises will help:

Press your tongue against the roof of your mouth repeatedly—as hard as you can—for 20 seconds at a time.

While pressing your tongue against the roof of your mouth say the vowel sounds

“a” ... “e” ... “i” ... “o” ... “u.”

Place your tongue at the front of the roof of your mouth, pressing it against the back of your upper teeth. Then slide it to the back of the roof of your mouth. As you do this, rapidly pronounce the vowel sounds.

While keeping your tongue pressed against the roof of your mouth, swallow repeatedly.

According to Murray Grossman, M.D., from Cedars-Sinai Medical Center, it will take a few months to strengthen your tongue and throat muscles—so be patient.

Believe it or not

Just holding an alcoholic drink makes you look less intelligent. When shown photos, study participants felt those with beer bottles or alcoholic drinks were not as intelligent as those holding nonalcoholic

drinks.

Even a little light at night is linked to weight gain. Persistent exposure to dim light at night caused mice to gain 50% more weight than mice in a standard cycle of light and total darkness.

Height and heart health

Researchers analyzed 52 studies involving more than three million adults. They found that men who were shorter than five feet six inches and women who were shorter than five feet were found to be 1.5 times more likely to develop heart disease than taller people.

COMMUNITY SERVICES PROJECT

**Please bring one (1) item below
to the Fall Luncheon:**

FOOD ITEMS NEEDED

(Assistance Center of Towson Churches)

canned pasta (meals with meat)
powdered milk
peanut butter, jelly
canned beef stew, Spam
canned peas
individual size cans/cartons of juice
any nonperishable item such as rice,
cereal or boxed potatoes
small, hotel-size bottles of shampoo
toothpaste/toothbrush
toilet paper, hand lotion

If you prefer, a check may be written payable to the
Assistance Center of Towson Churches

SCHOOL SUPPLY ITEMS NEEDED

pencils (new), pens
school boxes
glue sticks, paper
marbleized black composition books

Baltimore County Retired School Personnel Association 2011–2012

bcrspa.com

Officers

President

Parker E. Koons
1309 Highland Drive
Baltimore, MD 21239
410-828-5852
koonspek@aol.com

President-elect

To be announced

Recording Secretary

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Asst. Corresponding Secretary

Juliette Hanks
259 West West 31st Street
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imhanks@verizon.net

Officers (*continued*)

Treasurer

David Peters
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Baltimore MD 21234
410-668-1614
leendavep@verizon.net

Assistant Treasurer

To be announced

Directors of the Corporation

Joan Pickens (2010–2012)
9505 Q Kingscroft Terrace
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410-529-1210
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Mary Brown (2011–2012)
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410-256-4797

continued

Please keep for future reference.

Directory...

...continued

Committee Chair (continued)

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410-666-2759
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Consumer Education To be announced

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Legislative

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Member Accounting

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To be announced

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To be announced

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Please keep for future reference.

Baltimore County Retired School Personnel Association, Inc.
(BCRSPA)

FALL LUNCHEON MEETING

Tuesday, October 25, 2011

Columbus Gardens

AGENDA

Registration	9:30 a.m.
Program	
Student Entertainment	10:00 a.m.
Baltimore County Teacher of the Year	10:45 a.m.
BCPS Office of Employee Benefits Update	11:15 a.m.
Social Hour — <i>cash bar available</i>	11:45 a.m.
Luncheon	12:15 p.m.

LUNCHEON MENU

Crisp Garden Tossed Salad with selection of dressings, Baked Honey Ham and Boneless Stuffed Breast of Chicken, Twice Baked Potatoes, Spring Blend Vegetables, Rolls and Butter, Ice Cream with Assorted Toppings

Cost: \$20.00

Deadline for Registrations: October 17, 2011 (*no refunds after this date*)

Please remember to bring your food/school supply item(s) for the ACTC.
(For list of items, see article in this issue of *Update*.)

Directions to Columbus Gardens are on page 8 of this agenda.

RESERVATION FOR FALL LUNCHEON MEETING—OCTOBER 25, 2011

Name: _____ Telephone: _____

Address: _____

Name of Guest(s): _____

Number of Reservations: _____ Scholarship Donation: \$ _____

Total Amount Enclosed: \$ _____

Make checks payable to **BCRSPA.**

Send reservation(s) and check(s) to:

Mr. Clair Price, 4862 Brightleaf Court, Baltimore, MD 21237-4946

**For a membership packet
or information call:
Charlotte Price at 410-847-9700
or go online at www.bcrspa.com
and www.mrspa.org**

Enthusiasm releases the drive
to carry you over obstacles
and adds significance to all you do.
— Norman Vincent Peale

Change of Address

BCRSPA (effective date) _____

Name _____

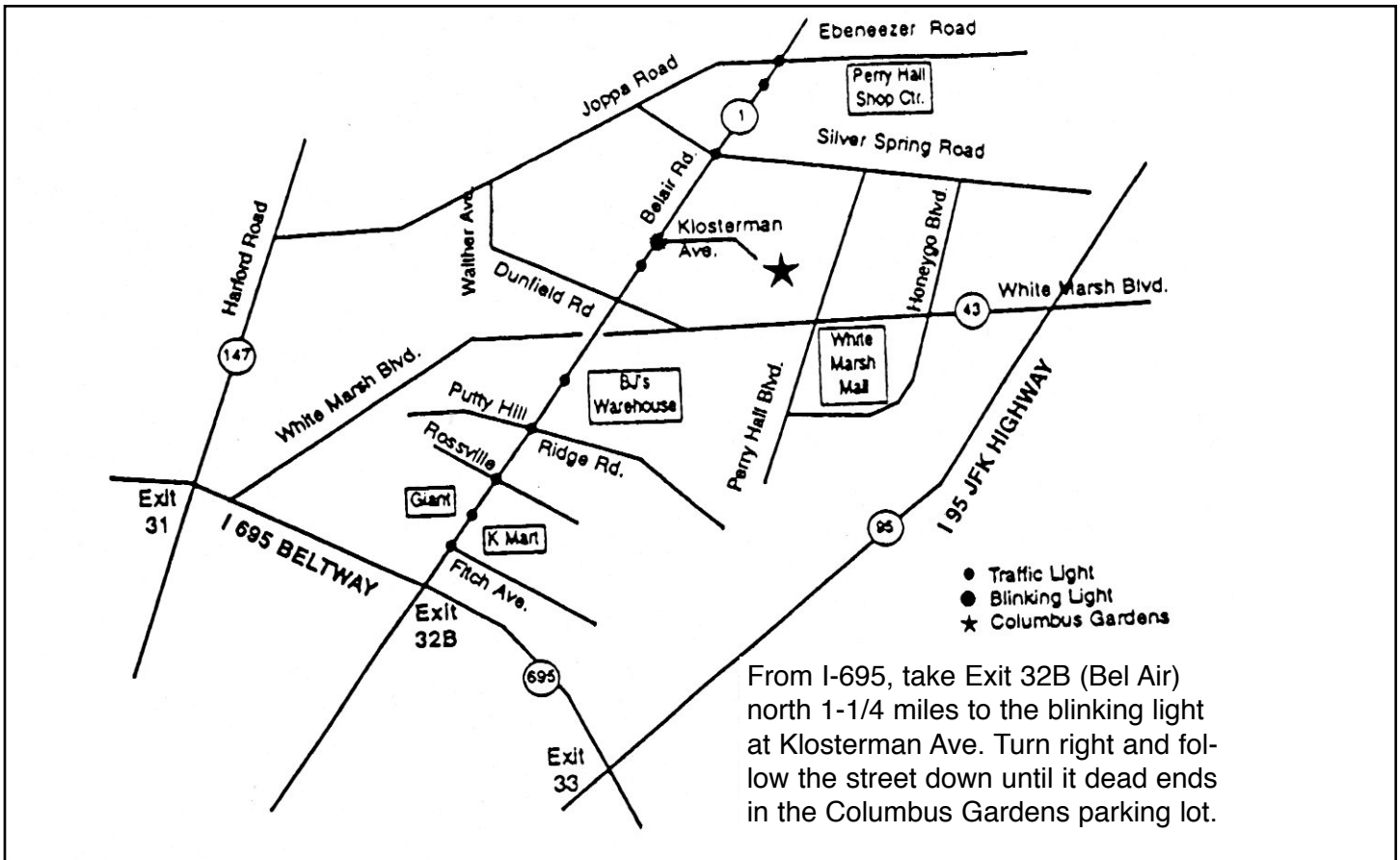
Old Address _____

New Address (include Apt # and ZIP+4 code)

New Telephone (_____) _____

Mail to: Mrs. Charlotte Price
4862 Brightleaf Court
Baltimore, MD 21237-4946

Directions to Columbus Gardens



BCRSPA welcomes memorial contributions

The Scholarship Committee welcomes and encourages memorial contributions to the Scholarship Fund in memory of deceased colleagues. Checks should be made payable to BCRSPA with "Memorial Scholarship Fund" written on the check memo line, and sent to the Treasurer, David Peters, 1708 Goodview Road, Parkville, MD 21234.

Please include the name of the person(s) being remembered and the name and address of the person(s) to be notified. Your contribution is tax-deductible and will be acknowledged.

We acknowledge with thanks the following contributions to The BCRSPA Memorial Scholarship Fund:

<u>IN MEMORY OF</u>	<u>DONOR</u>
<i>Jim Bowerman</i>	George McKelvie
<i>Eleanor Crawford</i>	Jack & Mary Ellen Zimmerman
<i>Lenard Patrick</i>	George McKelvie
<i>G. Bosley Royston</i>	Jack & Mary Ellen Zimmerman
<i>Jack Veader</i>	George McKelvie

In memory of *Dean Pickens* by:

Edna May Merson
Linda Yaffe
Anthony Marchione
Dave & Lee Peters
Helen & Mike Eder
Robert Gifford
Harry & Peg Walters
Clair & Charlotte Price
Mary D. Brown
Brian & Cheryl Migliarini
Louise Christoforo
Diane C. Marchione
Doris M. Benner
Deb Pickens & Family
Pat & Dottie Pickens & Family
Jacqueline Shipley
E. Stuart Tucker
Robert Y. Dubel
Doris K. Schiller
Kathryn Ann Marschall
Cheryl Madden
Theresa Margolis
Sharon Steinwachs
Anna J. Gallagher
Maryland Line Seven

<u>IN HONOR OF</u>	<u>DONOR</u>
<i>Herrold Osborne</i>	John & Dottie Heck
<i>Lenard Patrick</i>	Bill Huppert
<i>Joan Pickens</i>	Evert F. Cornell

In honor of *Dean Pickens* by:

Mary Lou Brown
Robert L. Kane
John & Dottie Heck
Kiwanis Club of Parkville

In honor of *Sharlene P. Thompson* by:

Fred W. Nickerson
Helen & Mike Eder

BCRSPA supports the Scholarship Fund with a contribution of \$25 from the Remembrance Committee in memory of each deceased member.

— David Peters, Treasurer

Emeritus Membership in BCRSPA

(Age 90 as of June 30, 2011)

Name _____

Address (include Apt # and ZIP+4 code)

Date of Birth (month, day, year) _____

Telephone (____) _____

Mail to: Mrs. Charlotte Price
4862 Brightleaf Court
Baltimore, MD 21237-4946

BCRSPA

305 East Joppa Road
Towson, MD 21286-3252

Fall Luncheon, Tuesday, October 25

The BCRSPA Fall Luncheon Meeting will be held on Tuesday, October 25, 2011, at Columbus Gardens, 4301 Klosterman Avenue [near Route 1 (Belair Road) and Route 43 (White Marsh Boulevard)] with registration starting at 9:30 a.m.

The program will begin with student entertainment by one of the schools. The Baltimore County Teacher of the Year Joshua Parker will be the featured speaker. The Office of Employee Benefits (OEB) will update the changes that affect all retirees. Following the Social Hour, the usual Columbus Gardens luncheon will be enjoyed culminating with the favored do-it-yourself ice cream sundaes.

Remember to bring your donation of food and school items for the Assistance Center of Towson Churches (ACTC) project. Please bring one (1) item to the luncheon. (*See page 4 for suggested items.*) Hope to see you there!

— Parker E. Koons, Program Committee

WEBCO scholarship recipient Danielle Hawk

The Women Educators of Baltimore County (WEBCO) awarded a \$1500 scholarship to Danielle Hawk from Loch Raven High School. Danielle is a member of the National Honor Society and is active in many activities and sports.

Her art work has been displayed in a professional gallery. It is this artistic talent that has led her to choose to be a high school art teacher.

Her teachers at Loch Raven High School say that Danielle is ready to accept the challenge of attending Towson University.

Congratulations, Danielle!

— Edith Kozlowski and Camille Marx, Co-Chairs
WEBCO Scholarship Committee