



UPDATE

Baltimore County Retired School Personnel Association

Vol. 39, No. 1
March 2013

From the President

Well, one

can readily see that climate change is upon us. I hope that everyone was able to stay warm this winter. When my electric power went out in



Edna Harris-Kurre

December for two days (when it was cold and damp), I had no firewood to build a fire in the fireplace. Unfortunately, the day I had the wood delivered, it rained hard. I quickly put some of the firewood in the garage to dry it off. When the power came back on late that evening, I was already warming myself by the fire. In January and February I enjoyed reading, doing puzzles, watching a little television, and doing my mile on the treadmill while enjoying a much welcomed fire. I learned one very important thing during this past winter. Make sure to order the firewood in the fall to be well-prepared for winter and power outages.

I hope you have taken the time

to visit and check out our new website: www.bcrspa.org. We still have a few things to tweak, but it is a “work in progress.” We still need to add several more photos on the home page.

How did you like the look of our December 2012 *Update*? Our new printing company, Stockson, seems to be working out well.

As I mentioned in the December 2012 *Update*, there will be a food survey related to the entrée choices for members present at our April 16, 2013, Spring Luncheon Meeting at Columbus Gardens. Please be sure to complete it, and turn it in to me before you leave the luncheon meeting. Just to let you know, Columbus Gardens charges almost the same price for one entrée as for two entrées. There is only a dollar difference. So, you are given the opportunity to take one home to enjoy later.

We still need an editor for the newsletter. If this position is not filled very soon, we may have to resort to having only two newsletters a year, March and September. Right now your President is the acting editor. If you know of someone who would be perfect for this open position, please let me know.

I will be meeting with the Erickson Community Management (Oak Crest and Charlestown) sometime soon. They want to “tweak”

the terms of BCRSPA’s agreement with them. It will be an interesting meeting. I look forward to sharing the outcome of the meeting with you on April 16, 2013 at Columbus Gardens.

At the luncheon meeting, you will meet our five, lucky scholarship winners.

I hope everyone is taking the time to “smell the roses,” and to enjoy life and what it has to offer.

— *Edna Harris-Kurre*

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**Visit
www.bcrspa.org
Open 24 hours a day!**

Membership news

The BCRSPA Executive Board and the General Membership welcome the following new members:

Rosemary Abright	Karen Hastings
Deborah Bernfield	Laura Hudson
Ruth Biedermann	Deborah Kates
Miriam Blama	John Kotchen
Marion Bogart	Miriam Mariella
Kenneth Bradshaw	Stephanie May

Karen Ciemanec	Henry James McShea
James Cooke	Lynne Muller
Walter Dustmann	Donna Palmeri
Kathleen Eareckson	Vivian Pierce
Barbara Flournoy	Gary Vaughn
John Foley	Edward Weglein
Jeanne Grinzer	Lisa Wilson
Janelle Hardin	

We invite you all to join your friends and colleagues at our Spring Luncheon to be held at Columbus Gardens April 16, 2013. More information may be found elsewhere in this publication.

Declining Membership

Once again this membership year we are showing a decline in membership. While we have added more new members in 2012-13 (52) than in recent years, due to deaths and cancellations, membership has declined by 1.91%. A significant increase in membership would offer more support to our Legislative Committee, who along with MRSPA and the 23 other locals work diligently in Annapolis to protect our retirement benefits.

With your help *continued on page 3*

Be an "early bird"...and send in your reservation for the Annual Fall Luncheon Meeting today!

Name: _____
 Address: _____
 City _____ State _____ Zip+4 _____
 Name(s) of Guest(s): _____
 Number of Reservations: _____ Scholarship Donation: \$ _____
 Total Amount Enclosed: \$ _____ Make checks payable to BCRSPA.

Send reservation(s) and check(s) to:

Mr. Clair Price, 4862 Brightleaf Court, Baltimore, MD 21237-4946

October 15, 2013

\$23.00 Registration Fee.

**BCRSPA
CALENDAR**

UPDATE Deadline

SEPTEMBER ISSUE — July 15, 2013

Monday, March 18 BCRSPA Executive Board Meeting
St. Isaac Jogues-Cronin Center, 10 a.m.

Tuesday, April 16 BCRSPA Annual Spring Luncheon
Columbus Gardens, Nottingham, MD, 10 a.m.

Tuesday, May 14 MRSPA Annual Business Meeting
Double Tree Hotel, Annapolis, MD

Tuesday, May 21 BCRSPA Executive Board Meeting
TABCO, Towson, MD, 10 a.m.

Mon-Wed, May 5-7, 2014 MRSPA All Member Event
Double Tree Hotel, Annapolis, MD

**Baltimore County
Retired School Personnel
Association, Inc.**

305 East Joppa Road
Towson, MD 21286-3252

UPDATE

The Baltimore County Retired School Personnel Association newsletter will be published bi-annually: March and September until the editor vacancy is filled.

Editor to be announced

Publisher, John T. Case
UPPER CASE Letters
410-803-1970

Scholarship Memorials:

JANUARY 2012

Gerri Martin by Patricia A. D'Ercole
Helen Silk by Cathy Piraino
Marion Sprecher by Gwendolyn M. Skeens
Mitzi Shank by William & Faith Hermann
George Trageser by William & Faith Hermann
George Trageser by Robert Y. Dubel
L. Blanche Stevens by Dennis Lane

MARCH 2012

Robert Taylor by Edward J. & Joanne Schwiegerath
Mitzi (Mary Jane) Shank by James W. Shank & Family
Nala Stuart by Anne F. Jones
G. Wayne Burgemeister by David & Arline Ford
L. Blanche Stevens by Barbara M. Reed

APRIL 2012

G. Wayne Burgemeister by Robert Y. Dubel
G. Wayne Burgemeister by Mildred H. Murray
Luciel Lekites by Mildred Murray
Elizabeth Day by Linda Yaffe
Kenneth Whole by Linda Yaffe
John Young by Elizabeth A. Brusberg
Marilyn Katzen by Niel & Helen Carey
Jean Warfield by Niel & Helen Carey

MAY 2012

John Young by Mary D. Brown

JUNE 2012

Robert Taylor by John & Betty Hmelnicky
Virginia Martin by Anne F. Jones
Helen Silk by Lillian & William Nichols
Mitzi-Mary Jane Shank by Colleen & James
MacDonald
Nola Stuart by Susan L. Tusa

JULY 2012

Howard Ritter by Donald Snodderly

AUGUST 2012

Edward Weber by John & Carole Micklos
Jacqueline Roberts by Joan C. Stall
Honor of: Joan Pickens by Mary Lou Brown
Honor of: Joan Pickens by Mary Ellen & Jack
Zimmerman

John Young by Bob Eades

Anne Klingaman by Elaine Bousquet

OCTOBER 2012

Shirley Tepper by Naomi Binko

NOVEMBER 2012

Marie Hoshall by Loretta M. Nance

COMMUNITY SERVICES PROJECT

Please bring one (1) item below
to the Spring Luncheon:

FOOD ITEMS NEEDED

(Assistance Center of Towson Churches)

canned pasta (meals with meat)
powdered milk
peanut butter, jelly
canned beef stew, Spam
canned peas
individual size cans/cartons of juice
any nonperishable item such as rice,
cereal or boxed potatoes
small, hotel-size bottles of shampoo
toothpaste/toothbrush
toilet paper, hand lotion

If you prefer, a check may be written payable to the
Assistance Center of Towson Churches

SCHOOL SUPPLY ITEMS NEEDED

pencils (new), pens
school boxes
glue sticks, paper
marbleized black composition books

Membership...

...continued from page 2

we can make 2013–14 a banner year for “increasing” membership!

If you are aware of a retired friend or colleague who is not a BCRSPA/MRSPA member, please invite them to join! Membership applications may be obtained by calling the BCRSPA Answering Service at 410-847-9700 and leaving a message for Membership, or by accessing the BCRSPA Website (www.bcrspa.org) and downloading the application form.

— Respectfully Submitted, Charlotte R. Price

Baltimore County Retired School Personnel Association, Inc.
SPRING LUNCHEON MEETING

Tuesday, April 16, 2013 at *Columbus Gardens*

AGENDA

Registration9:30 a.m.

Annual Business Meeting.....10:00 a.m.

- Treasurer's Report
- Budget Presentation
- Constitution (Vote on dues increase)
- Election of Officers
- Installation of Officers
- Remembrance Service

Program

Update—Baltimore County Public Schools, Office of Employee Benefits

Social Hour — *cash bar available*.....11:30 a.m.

Luncheon..... 12:00 noon

Introduction of Scholarship Recipients

LUNCHEON MENU

Fresh Garden Salad, Tenderloin of Pork w/gravy and Chicken Italian Florentine w/marinara sauce, Wild Rice, Italian Blend of Vegetables, Rolls and Butter, Ice Cream with assorted toppings

Cost: \$23.00

Deadline for Registrations: April 5, 2013 (*no refunds after this date*)

Please remember to bring your food/school supply item(s) for the ACTC.

(For list of items, see article on page 3 in this issue of *Update*.)

Directions to Columbus Gardens are on the facing page of this agenda.

RESERVATION FOR SPRING LUNCHEON MEETING—Tuesday, APRIL 16, 2013

Name: _____ Telephone: _____

Address: _____

Name of Guest(s): _____

Number of Reservations: _____ Scholarship Donation: \$ _____

Total Amount Enclosed: \$ _____

Make checks payable to **BCRSPA.**

Send reservation(s) and check(s) to:

Mr. Clair Price, 4862 Brightleaf Court, Baltimore, MD 21237-4946

Emeritus Membership in BCRSPA

(Age 90 as of June 30, 2012)

Name _____

Address (include Apt # and ZIP+4 code)

Date of Birth (month, day, year) _____

Telephone (____) _____

Mail to: Mrs. Charlotte Price
4862 Brightleaf Court
Baltimore, MD 21237-4946

Change of Address

BCRSPA (effective date) _____

Name _____

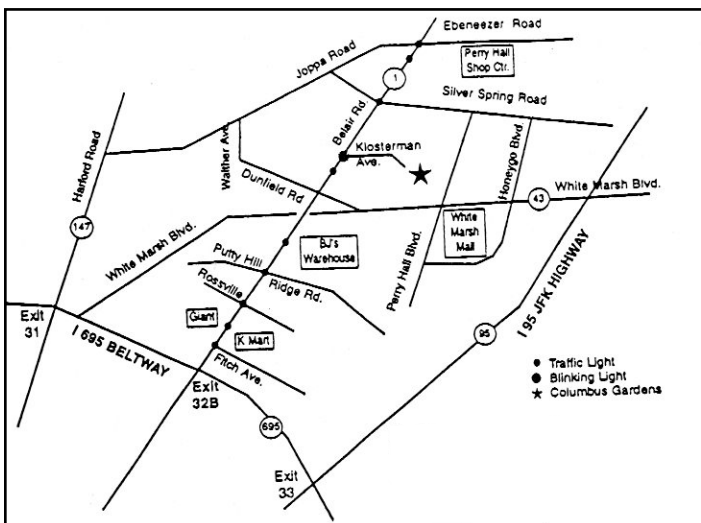
Old Address _____

New Address (include Apt # and ZIP+4 code)

New Telephone (____) _____

Mail to: Mrs. Charlotte Price
4862 Brightleaf Court
Baltimore, MD 21237-4946

Directions to Columbus Gardens



From I-695, take Exit 32B (Bel Air) north 1-1/4 miles to the blinking light at Klosterman Ave. Turn right and follow the street down until it dead ends in the Columbus Gardens parking lot.

In Memoriam



Wayne Burgemeister	Shirley Linz
James E. Antal	Garland L. Martin
Elizabeth S. Day	Virginia S. Martin
John M. Young	Nelson Lee McMillian
Mary F. Clarke	Jean D. McNab
Howard Ritter, Jr.	Doris M. Melton
Isis Maguire	Jean Mulligan
Leona Bowen	Edward J. Murray
Lillian Tracey	Madeline G. Novalis
Arthur E. Petersen, Sr.	Anna A. Pobletts
Phyllis J. Burke	Jacqueline L. Roberts
Maeives Addison	Mildred L. Ross
Phyllis L. Bain	Kenneth E. Seamon
Joshua A. Barbati	Maria E. Sliwinski
Ivan E. Bowser	Martha L. Staub
Margaret W. Brauer	Margaret K. Stierstorfer
Eugene H. Childs	Joseph Szalecki
Preston J. Daisey	Doris Walters
Marjorie J. Dorsey	Jean N. Warfield
Helen M. Drolsum	Lorraine Westerberg
Melvin D. Epstein	Margaret M. Workman
Alnetia K. Ewing	Ann M. Klingaman
Donald L. Fasnacht	Patricia Goodson
Suzanne Foard	Clarence E. Beard
Blooma F. Friedmann	Glenda B. Albaugh
Elaine D. Gosey	Emma V. Uchuck
Antoinette L. Hughes	Robert E. Stroble
William E. Kosicki	Betty C. Jackovitz
Mary R. Lawrence	Katherine P. Blazek
Luciel V. LeKites	Ann Nelson

BCRSPA

305 East Joppa Road
Towson, MD 21286-3252

Health News on Alzheimer's disease (AD)

Although there is no proven way to prevent AD, there are some practices that may be worth adding to your daily routine. Consult with a doctor before taking any of these approaches. Consult with your doctor before taking any over-the-counter or prescription medicines.

- Consume a Mediterranean diet.
- Consume a low-fat diet.
- Eat cold-water fish (such as tuna, salmon, and mackerel) which are rich in omega-3 fatty acids, at least 2-3 times a week.
- Reduce your intake of linoleic acid found in margarines, butter, and dairy products.
- Eat plenty of darkly-colored fruits and vegetables.
- Maintain a normal blood pressure and cholesterol level.
- Stay socially active (Be involved with 6-7 different social groups.) throughout your life.

- Increase physical activities by: walking and doing strength-building exercises.
- Stay mentally alert by: doing crossword puzzles, playing games such as bridge and other card games, Sudoku (math puzzles), jig-saw puzzles, and board games.

Early testing of a vaccine against AD is underway.

— *Weston Dean, BCASCO Representative
and Edna Harris-Kurre, President, BCRSPA*

**For a membership packet
or information call:
Charlotte Price at 410-847-9700
or go online at www.bcrspa.org
and www.mrspa.org**