

April 4, 2016



Keeping You in the Loop . . .

From the desk of C. David Copenhaver

*"April hath put a spirit of youth in everything."
- William Shakespeare*

Hello BCRSPA Members,



Your attendance and input at the April 19, 2016 BCRSPA Annual Spring Members meeting couldn't be more important. Major decisions will be made. The BCRSPA membership will be asked to vote on several important issues.

We urge you to attend this important meeting. If you are unable to attend, please contact me with your input. (eMail or call, 410.515-0456)

These issues include:

- Election of 3 Directors (2016-2018 term)
- Approval of proposed BCRSPA's By-Laws changes as printed in the March UPDATE
- Delegates from across the state to the MRSPA Annual Meeting on May 10 will vote on the proposed By- Law change that will affect those who reach 90 (Emeritus Membership) in the future. This proposed change will not affect our local By-Laws.
- MRSPA proposed dues increase of \$10, from \$35 to \$45
- BCRSPA will have 17 Delegates attending. (Your presence and input is vital for direction!)

Treasurer, E. Stuart Tucker will provide us with an informative presentation, at the April 19, 2016 BCRSPA Annual Spring Members meeting, concerning the MRSPA proposals.

New Prescription Plan Update:

- **Nasrene Mirjafary, Manager of Employee Benefits**, and her staff will be attending the Annual BCRSPA Business Meeting and luncheon on April 19, 2016 to discuss issues and to handle your questions. In addition, representatives from Cigna Health, Keiser Permanente, and Cigna Health Spring will be in attendance to help with questions and concerns.

Introduction of the 2016 Scholarship Recipients:

- Our Scholarship Committee members, Camille Marx, Edith Kozlowski, Madeline Lovera and Edward Veit will introduce our 2016 Scholarship Recipients.

Members Survey: How are we doing? (Survey to be distributed at the meeting)

- Please take a few moments to give us your thoughts/suggestions/or kudos about BCRSPA activities and services. Place your completed survey form in the designated box to be entered in a drawing for a \$25 gift card.

FYI...

Steel Drum Panorama Concert

Sparrows Point High School will host the 15th Annual Panorama concert featuring performances of steel drum bands from the following Baltimore County Public Schools: Catonsville, Parkville, Perry Hall, Sparrows Point High schools, General John Stricker and Hereford Middle schools, and Stoneleigh Elementary School. The event is **free and open to the public**. Refreshments will be available.



When: Saturday, May 7, 2016, at 7:00 p.m. – 10:00 p.m.

Where: Patapsco High, 8100 Wise Avenue, Baltimore, MD 21222



2016 BCASCO Annual Legislative Wrap-Up

Get Ready for our May Forum!!! We will hear from Tammy Bresnahan, Director of Advocacy AARP Maryland for a Legislative Wrap-Up. We will meet at the Towson United Methodist Church from 10:00 a.m. - 12 noon on Friday, May 13, 2016. Please join us for this very informative session.

Source: (<http://www.bcasco.org/>). Some changes were made.

On the Horizon:

- Annual Spring Business Meeting at Columbus Gardens, April 19, 2016 (*Registration, 9:30 am*)
- Executive Board Meeting: May 17th TABCO – 305 Joppa Rd Towson Maryland 21286 (*Please consider attending. Just eMail me for directions and details.*)
- Early June: Newsletter “UPDATE” distribution
- Executive Board Meeting/ Executive Board Retreat: “Standing Rules: June 21, 2016 @ St. Isaac Jogues Cronin Center, Room 1 (*Please consider attending. Just eMail me for directions and details.*)
- 3rd Annual Crab Feast, September 18, 2016, 3pm-6pm @ Camp Running Bear. (*See attached registration for details*)

Thank you Brian E. Frosh, Attorney General for the state of Maryland

The new 2016 guide is the most comprehensive for Marylanders of all age, highlighting common scams and providing helpful tips and resources that will help protect you and your loved ones from becoming victims **will be distributed** at the April 19, 2016 BCRSPA Annual Spring Members.





BCRSPA is thinking about planning an early December trip to the Navy Band Holiday concert held at the DAR Constitution Hall Washington, D.C. This concert combines the musical forces of multiple ensembles from the U. S. Navy Band for an entertaining family-friendly show that promises to delight all ages. We've heard that there will be a flyover and visit by a familiar guest as well!



The cost of the trip is estimated to be \$100-\$125 which includes the bus and the driver gratuity. We must fill the bus with 54 people. To express an interest, eMail C. David Copenhaver at cdavidcopenhaver@gmail.com or call him at 410-515-0456.

This n That

Clever Ideas and Solutions (A new dozen)

I just love it when I get emails with hints like these — you're never too old to learn.

1. Sprinkle some salt on your napkin coaster at the bar... your beer won't stick to it.
2. Pull on your hair in the shower, if it squeaks you already shampooed it.
3. Baby Oil Makes Your Razors Last Longer.
4. If you get brain freeze from eating something cold too quickly, press your tongue against the roof of your mouth as hard as you can.
5. When you feel like you need something, but you can't figure out what it is, it's water. It's always water.
6. Avoid forgetting something in the morning by placing it in your shoes.
7. When receiving a call from a solicitor, simply press 9; the call will be dropped and your phone number is then put on the companies do not call list. 95% of companies support this feature.
8. Place a rubber band, north to south, around an open paint can to wipe your brush on, and keep paint off the side of the can.
9. Use toothpaste to clear up hazy car headlights.
10. Use a can opener to open blister packs and avoid cutting yourself.
11. Turn on your seat warmer to keep pizza hot while driving home.
12. To make a BLT or any toasted sandwich, place 2 slices of bread in a single toaster slot. This way, the bread gets warm and toasty on the outside, but stays soft and chewy on the inside.

Source: <http://www.buzzfeed.com/community>. Some changes were made.

BCRSPA together, creating a moment!